



Holland Park Pre-Prep and Nursery

Toilet Training Policy

At Holland Park Pre-Prep, we introduce children to toilet training at around 18 months. This is an early introduction which supports the children in learning what the potty and toilet are used for. We will then look for signs which indicate that the child is ready to move on to the next stage of toilet training:

- Indicating their bowel / bladder movements e.g. letting a teacher know that they are wet, or appearing uncomfortable in their nappy.
- Releasing their bowel / bladder on the potty.
- Attempting to pull their own trousers down.
- High levels of inquisitiveness about the toilet / potty, approaching it independently.

We ask that during the toilet training process the children bring in at least **four** sets of spare clothes which include underwear, socks, vest, top and trousers /dress. There is no requirement for any child to be dry when entering the school; however, we do expect parents to work with us to help achieve this important stage of independence.

It is important to remember that there is no such thing as a typical potty trainer; every child is unique and will do everything in his or her own time.

Procedure:

- Introduce the potty/toilet to the children at nappy changing times.
- Read stories to the children about using the toilet and potty.
- Use positive encouragement and a reward system.
- When the child shows signs that they are 'ready' to wear pants then we allow them to do so at nursery for short periods of time. He/she will be reminded and taken to the toilet every 15/20 minutes once he/she wears pants.

We believe that toilet training is always successful with consistency.

Children at this age are not always competent at wiping their bottoms. We endeavour to assist them but as this is a time of increasing independence, they need to practice at home.

Soiling "accidents"

To ensure that soiling accidents are not upsetting for the child they should be dealt with sensitively by members of staff. Preferably, the child should be attended to by staff with whom they are familiar, ideally their key person. If intimate areas of the child need to be washed, permission should be sought from the child to help him or her be cleaned. The child should be encouraged to do as much as possible without staff help.

The child should be given items of spare clothing. When practicable, the child's garments can be washed in the school machine and sent home in a bag with a request for any school garments to be returned to school, washed and ironed, as soon as possible.



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Reviewed By: **P. Culling**
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