



Holland Park Pre-Prep & Nursery

Active Travel Policy

At Holland Park Pre-Prep and Nursery (HPPN) we encourage pupils, parents and staff to travel actively to nursery by walking, cycling and scooting wherever possible.

This travel policy explains how HPPN encourages active travel. This policy has been agreed by the Senior Leadership Team, staff and nursery partners.

For children and staff who are unable to walk, cycle or scoot their whole journey to and from nursery, we encourage the use of public transport, car share and park and stride.

What are the benefits of active travel?

- Improves mental health leading to improved attendance and academic success
- Improves physical health, helping pupils to achieve the recommended minimum of 60 minutes of physical activity per day
- Promotes independence and improves road safety awareness
- Reduces carbon emissions into the environment
- Reduces congestion and noise in the community
- Improves air quality around the nursery

In order to ensure as many children as possible are given the opportunity to realise these benefits we each have an important role to play:

Staff

We will encourage children and parents to travel to and from nursery more safely and actively by:

- Promoting the benefits of active travel
- Celebrating the achievements of those who travel actively to nursery, for example, through activities such as prizes during Walk to School Week
- Raising awareness of the air quality benefits of active travel
- Providing cycle and scooter storage on the site
- Providing scooter training to all pupils in the nursery year group
- Ensuring we update our travel plan annually and that it is accredited under the TfL STARS (Sustainable Travel: Active, Responsible, Safe) scheme
- Working with our borough travel and road safety officers to deliver interventions and activities that promote active, safe and responsible travel to nursery.
- Actively teaching Road Safety when opportunities arise, and in particular, during Road Safety Week annually every November.

We provide a showering facility in the same building as our staff room; this helps to facilitate active travelling, e.g. cycling or running, to work.



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Pupils

To make active travel a positive experience for everybody concerned, we expect our children to:

- Behave in a sensible, safe and respectful manner and to consider the needs of others when travelling
- Use high-visibility clothing where appropriate, e.g. when out on a walking trip with the class
- High-visibility jackets are worn at all times while on trips outside the nursery.
- Follow the rules of the road (Highway Code) when travelling, as far as is possible in an age appropriate way.

Parents and carers

For the wellbeing of our pupils, we expect parents/carers to:

- Encourage their child to travel actively to nursery
- Consider walking, cycling or scooting with their child
- Encourage their child to take up opportunities to develop their competence and confidence in walking and scooting
- Ensure that any bicycles and scooters ridden to nursery are roadworthy and well maintained.

Parents and carers are reminded that they are responsible for the safety of their child on the journey to and from nursery.

HPPN would like to thank you in advance for supporting our travel policy. If you have any ideas on how to promote, or provide new opportunities for active travel please get in touch. Additionally, we would be interested to hear your ideas of how to improve safety or air quality around HPPN. Our contact details are:

Phil Culling, Operations Manager
020 7602 9066
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Date: November 2021
Reviewed by: Phil Culling
Review date: September 2022



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Appendix

Targets for academic year 2021-22

1. To receive a higher proportion of responses to the annual survey. The 2020 survey was affected by Covid, as parents usually complete this in person at the annual Christmas Play, but this was not able to go ahead. However, the response rate was disappointingly low, at 47%. Aim for 2021 survey is 70% response rate.
2. To increase the proportion of parents using sustainable travel as their main form of transport. In 2020 this was 80%; our aim for 2021 is 85%.